



James P. Cody  
Principal

Holdrum Middle School  
393 Rivervale Road  
River Vale, NJ 07675

Tel 201-358-4016  
Fax 201-358.8429  
[jcody@rivervaleschools.com](mailto:jcody@rivervaleschools.com)

August 2023

Dear Parents/Guardians,

New Jersey State Law recognized each pupil from ages 10 through 18 to be screened for Scoliosis. Early detection is important so that special exercises and in some instances special supports for the spine can be prescribed in order to eliminate future disability. Please understand that screenings in the school environment are limited in scope and in no way take the place of a thorough examination in the office of the personal physician.

You will receive notification via email of the dates that seventh grade students will be screened. The screening process is very simple; the nurse merely inspects the child's spine as he/she stands and bends forward. Since we will be trying to pick up minor unusual curvatures, don't be disturbed if we ask you to follow up our evaluation with one from your personal physician. In most cases the doctor will merely check on the curvature periodically; in other students, the doctor may wish to have an x-ray or refer the student to an orthopedist.

*Please sign and return the bottom part of this form to the Health Office if you **DO NOT** wish to have your child screened. The deadline for returned forms is Friday, September 22, 2023.*

Thank you for your anticipated cooperation.

*Phyllis Gerber*

Phyllis Gerber, MSN, BSN, RN, CSN  
Certified School Nurse  
Holdrum Middle School

---

I **DO NOT** wish to have my child screened for Scoliosis.

Name: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_